

| 日 | 曜日 | 旧暦 | 月 | 満潮 | | | | 干潮 | | | |
|----|----|------|---|-------|-----|-------|-----|-------|-----|-------|-----|
| | | | | 時刻 | 潮高 | 時刻 | 潮高 | 時刻 | 潮高 | 時刻 | 潮高 |
| 1 | 金 | 7/11 | | 04:52 | 187 | 18:43 | 191 | 11:46 | 98 | | |
| 2 | 土 | | | 05:59 | 197 | 19:32 | 203 | 00:35 | 125 | 12:46 | 83 |
| 3 | 日 | | | 06:50 | 209 | 20:10 | 214 | 01:20 | 108 | 13:30 | 66 |
| 4 | 月 | | | 07:33 | 221 | 20:44 | 223 | 01:57 | 91 | 14:09 | 50 |
| 5 | 火 | 7/15 | | 08:14 | 231 | 21:16 | 230 | 02:32 | 75 | 14:45 | 37 |
| 6 | 水 | | ○ | 08:54 | 239 | 21:47 | 236 | 03:06 | 61 | 15:20 | 29 |
| 7 | 木 | | | 09:34 | 244 | 22:16 | 239 | 03:41 | 50 | 15:56 | 25 |
| 8 | 金 | | | 10:13 | 245 | 22:42 | 239 | 04:16 | 42 | 16:31 | 29 |
| 9 | 土 | | | 10:52 | 242 | 23:05 | 237 | 04:52 | 38 | 17:06 | 39 |
| 10 | 日 | | | 11:31 | 234 | 23:29 | 233 | 05:30 | 39 | 17:43 | 55 |
| 11 | 月 | | | 12:13 | 223 | 23:59 | 225 | 06:10 | 45 | 18:21 | 76 |
| 12 | 火 | | | 13:02 | 209 | | | 06:56 | 55 | 19:06 | 98 |
| 13 | 水 | | ◐ | 00:40 | 213 | 14:10 | 194 | 07:53 | 69 | 20:07 | 119 |
| 14 | 木 | | | 01:45 | 199 | 16:00 | 186 | 09:09 | 79 | 21:49 | 131 |
| 15 | 金 | | | 03:41 | 191 | 17:54 | 194 | 10:45 | 78 | 23:40 | 121 |
| 16 | 土 | | | 05:30 | 199 | 19:06 | 208 | 12:08 | 66 | | |
| 17 | 日 | | | 06:43 | 213 | 19:56 | 221 | 00:50 | 100 | 13:10 | 49 |
| 18 | 月 | | | 07:40 | 227 | 20:37 | 231 | 01:41 | 78 | 13:59 | 35 |
| 19 | 火 | | | 08:29 | 237 | 21:11 | 237 | 02:23 | 59 | 14:41 | 27 |
| 20 | 水 | 8/1 | ● | 09:11 | 242 | 21:41 | 239 | 03:01 | 46 | 15:19 | 25 |
| 21 | 木 | | | 09:48 | 242 | 22:06 | 239 | 03:37 | 38 | 15:54 | 30 |
| 22 | 金 | | | 10:21 | 238 | 22:25 | 236 | 04:10 | 36 | 16:26 | 40 |
| 23 | 土 | | | 10:51 | 231 | 22:43 | 233 | 04:41 | 38 | 16:55 | 54 |
| 24 | 日 | | | 11:20 | 223 | 23:04 | 227 | 05:11 | 44 | 17:24 | 70 |
| 25 | 月 | | | 11:51 | 212 | 23:30 | 219 | 05:40 | 53 | 17:53 | 87 |
| 26 | 火 | | | 12:26 | 200 | | | 06:12 | 65 | 18:25 | 105 |
| 27 | 水 | | | 00:02 | 207 | 13:12 | 187 | 06:50 | 79 | 19:05 | 122 |
| 28 | 木 | | ◑ | 00:45 | 192 | 14:29 | 175 | 07:39 | 94 | 20:11 | 137 |
| 29 | 金 | | | 02:02 | 178 | 16:38 | 174 | 08:59 | 105 | 22:32 | 138 |
| 30 | 土 | | | 04:08 | 175 | 18:03 | 184 | 10:50 | 103 | | |
| | | | | | | | | | | | |