

| 日  | 曜日 | 旧暦   | 月 | 満潮    |     |       |     | 干潮    |     |       |     |
|----|----|------|---|-------|-----|-------|-----|-------|-----|-------|-----|
|    |    |      |   | 時刻    | 潮高  | 時刻    | 潮高  | 時刻    | 潮高  | 時刻    | 潮高  |
| 1  | 水  | 1/5  |   | 11:45 | 346 | 23:48 | 318 | 05:26 | 17  | 17:57 | 67  |
| 2  | 木  |      |   | 12:21 | 332 |       |     | 06:05 | 40  | 18:40 | 70  |
| 3  | 金  |      |   | 00:37 | 303 | 13:00 | 313 | 06:48 | 71  | 19:30 | 76  |
| 4  | 土  |      | ☾ | 01:36 | 284 | 13:49 | 292 | 07:40 | 106 | 20:33 | 81  |
| 5  | 日  |      |   | 02:54 | 268 | 14:54 | 272 | 08:53 | 139 | 21:52 | 81  |
| 6  | 月  |      |   | 04:38 | 268 | 16:24 | 262 | 10:37 | 156 | 23:18 | 68  |
| 7  | 火  |      |   | 06:13 | 288 | 17:50 | 270 | 12:15 | 148 |       |     |
| 8  | 水  |      |   | 07:19 | 315 | 18:57 | 289 | 00:31 | 44  | 13:22 | 128 |
| 9  | 木  |      |   | 08:09 | 338 | 19:50 | 309 | 01:30 | 19  | 14:11 | 106 |
| 10 | 金  |      |   | 08:51 | 355 | 20:36 | 326 | 02:19 | 0   | 14:53 | 87  |
| 11 | 土  | 1/15 | ☉ | 09:28 | 363 | 21:17 | 336 | 03:03 | -11 | 15:31 | 73  |
| 12 | 日  |      |   | 10:02 | 364 | 21:56 | 339 | 03:42 | -12 | 16:07 | 64  |
| 13 | 月  |      |   | 10:34 | 358 | 22:32 | 334 | 04:18 | -4  | 16:40 | 60  |
| 14 | 火  |      |   | 11:04 | 348 | 23:08 | 322 | 04:51 | 13  | 17:13 | 61  |
| 15 | 水  |      |   | 11:32 | 333 | 23:43 | 306 | 05:23 | 36  | 17:44 | 66  |
| 16 | 木  |      |   | 11:59 | 316 | 05:53 | 63  | 18:17 | 75  |       |     |
| 17 | 金  |      |   | 00:21 | 286 | 12:27 | 295 | 06:25 | 92  | 18:53 | 88  |
| 18 | 土  |      |   | 01:05 | 265 | 13:00 | 273 | 07:02 | 123 | 19:38 | 102 |
| 19 | 日  |      | ☾ | 02:04 | 244 | 13:43 | 249 | 07:53 | 154 | 20:42 | 115 |
| 20 | 月  |      |   | 03:46 | 233 | 14:57 | 230 | 09:26 | 176 | 22:17 | 117 |
| 21 | 火  |      |   | 05:45 | 245 | 16:51 | 228 | 11:36 | 174 | 23:47 | 102 |
| 22 | 水  |      |   | 06:51 | 269 | 18:10 | 243 | 12:48 | 155 |       |     |
| 23 | 木  |      |   | 07:34 | 294 | 19:01 | 267 | 00:46 | 79  | 13:31 | 132 |
| 24 | 金  |      |   | 08:08 | 316 | 19:43 | 292 | 01:31 | 53  | 14:06 | 109 |
| 25 | 土  |      |   | 08:39 | 335 | 20:21 | 315 | 02:10 | 30  | 14:39 | 88  |
| 26 | 日  | 2/1  | ☉ | 09:10 | 350 | 20:58 | 335 | 02:46 | 11  | 15:12 | 68  |
| 27 | 月  |      |   | 09:41 | 360 | 21:36 | 349 | 03:22 | -1  | 15:45 | 51  |
| 28 | 火  |      |   | 10:12 | 364 | 22:14 | 355 | 03:57 | -3  | 16:20 | 38  |
|    |    |      |   |       |     |       |     |       |     |       |     |
|    |    |      |   |       |     |       |     |       |     |       |     |
|    |    |      |   |       |     |       |     |       |     |       |     |