

| 日 | 曜日 | 旧暦 | 月 | 満潮 | | | | 干潮 | | | |
|----|----|------|---|-------|-----|-------|-----|-------|-----|-------|-----|
| | | | | 時刻 | 潮高 | 時刻 | 潮高 | 時刻 | 潮高 | 時刻 | 潮高 |
| 1 | 日 | 2/16 | | 09:28 | 307 | 21:46 | 308 | 03:22 | 27 | 15:40 | 31 |
| 2 | 月 | | | 09:56 | 302 | 22:23 | 305 | 03:56 | 39 | 16:11 | 26 |
| 3 | 火 | | | 10:23 | 293 | 23:00 | 296 | 04:29 | 55 | 16:42 | 29 |
| 4 | 水 | | | 10:50 | 280 | 23:38 | 282 | 05:01 | 74 | 17:14 | 35 |
| 5 | 木 | | | 11:17 | 265 | | | 05:34 | 94 | 17:46 | 47 |
| 6 | 金 | | | 00:18 | 266 | 11:45 | 247 | 06:10 | 115 | 18:21 | 62 |
| 7 | 土 | | | 01:05 | 248 | 12:17 | 226 | 06:54 | 137 | 19:03 | 81 |
| 8 | 日 | | ☾ | 02:07 | 232 | 13:02 | 204 | 07:59 | 155 | 20:06 | 99 |
| 9 | 月 | | | 03:40 | 222 | 14:41 | 188 | 09:55 | 161 | 21:45 | 110 |
| 10 | 火 | | | 05:19 | 228 | 16:55 | 192 | 11:44 | 148 | 23:22 | 104 |
| 11 | 水 | | | 06:22 | 244 | 18:10 | 212 | 12:38 | 126 | | |
| 12 | 木 | | | 07:04 | 260 | 18:58 | 238 | 00:26 | 89 | 13:13 | 103 |
| 13 | 金 | | | 07:36 | 274 | 19:37 | 263 | 01:12 | 73 | 13:44 | 82 |
| 14 | 土 | | | 08:06 | 287 | 20:13 | 285 | 01:50 | 59 | 14:14 | 61 |
| 15 | 日 | | | 08:33 | 296 | 20:50 | 303 | 02:25 | 50 | 14:44 | 42 |
| 16 | 月 | 3/1 | ● | 09:02 | 302 | 21:27 | 315 | 03:00 | 47 | 15:15 | 26 |
| 17 | 火 | | | 09:31 | 303 | 22:06 | 320 | 03:35 | 50 | 15:49 | 15 |
| 18 | 水 | | | 10:01 | 300 | 22:47 | 318 | 04:12 | 59 | 16:24 | 11 |
| 19 | 木 | | | 10:34 | 291 | 23:32 | 308 | 04:50 | 74 | 17:03 | 13 |
| 20 | 金 | | | 11:10 | 276 | | | 05:33 | 94 | 17:45 | 23 |
| 21 | 土 | | | 00:23 | 292 | 11:52 | 256 | 06:21 | 116 | 18:35 | 41 |
| 22 | 日 | | | 01:24 | 274 | 12:46 | 234 | 07:25 | 137 | 19:38 | 62 |
| 23 | 月 | | ☾ | 02:43 | 260 | 14:10 | 214 | 08:57 | 149 | 21:03 | 79 |
| 24 | 火 | | | 04:16 | 257 | 16:09 | 212 | 10:44 | 141 | 22:38 | 84 |
| 25 | 水 | | | 05:35 | 265 | 17:41 | 232 | 12:00 | 117 | 23:56 | 77 |
| 26 | 木 | | | 06:31 | 278 | 18:44 | 256 | 12:51 | 92 | | |
| 27 | 金 | | | 07:15 | 288 | 19:34 | 279 | 00:55 | 69 | 13:31 | 69 |
| 28 | 土 | | | 07:51 | 295 | 20:16 | 297 | 01:43 | 64 | 14:07 | 50 |
| 29 | 日 | | | 08:22 | 298 | 20:55 | 308 | 02:23 | 63 | 14:40 | 36 |
| 30 | 月 | 3/15 | ○ | 08:52 | 297 | 21:32 | 312 | 03:00 | 68 | 15:12 | 27 |
| | | | | | | | | | | | |